GUIDE

WHAT IS EVIDENCE? RNUTR COMPETENCIES

Effective evidence should demonstrate that the work you detail is clearly your own, or, if it is collaborative work, your input in this should be clear. The evidence you select should show how your knowledge has been consistently and independently applied within your practice and demonstrate your current competence and safe practice. The following guide can help you when collecting, assembling and submitting your evidence.

Assembling your evidence is likely to be the most time-consuming part of the application process. You may have kept a record of your CPD and useful documents you produced as you went along. However, even if not, you should be able to find appropriate evidence.

It is important to present the best evidence you can when you submit your application, and it reflects your current knowledge and competence. The evidence you select for mapping form B should demonstrate your post-degree CPD and your current/recent practice, and therefore should mainly be from the last three years (and no more than five years old).

If an assessor needs to know more they will ask you for more information or evidence, but do be aware this will extend the time period for assessing your application.

WHAT IF I CAN'T FIND DOCUMENTARY EVIDENCE FOR EVERTYHING I DO?

Remember you are providing examples of your practice, not of everything you do. You may however need to think of wider evidence you could use if your work is of a confidential nature or the document in question does not clearly demonstrate what your input was.

Use your supporting statement to expand on what is missing, or unclear, and why.

Use other forms of indirect evidence such as event coverage, evaluations or a testimonial from a colleague, alongside evidence of other activities you have undertaken in this competency area.

Poorly presented evidence can weaken or delay your application and make it harder for assessors to come to a decision. To allow proper assessment:

- Provide PDFs rather than Word or Excel documents, where possible
- Number each piece of evidence clearly and use this on the Competency Mapping Form and for cross referencing in Supporting Statement
- Present it in the same order you have listed it on the online Competency Mapping Tab, keeping each piece of evidence as a separate file - don't merge into one
- Focus on providing quality evidence over quantity of evidence - using no more than 100 digital pages of evidence (or max. 150 pages if applying for two specialist areas).

Examples of suitable evidence

- Advice documents on the delivery of nutrition or dietary policy issues
- Certificate of attendance at relevant conference or webinar, with content details and reflection
- Conduct and analysis of research
- Educational material prepared, produced, developed or delivered
- Front cover, contents page(s) and relevant extracts of authored/edited book
- Input into consultation documents
- Lecture or presentation notes or slides
- Marketing/communications materials produced
- Membership of advisory bodies with evidence of contribution (such as minutes)
- Published webpages or blogs (screenshots or links) with evidence of contribution
- Scientific papers in peer-reviewed journals (abstract only required)
- Summary of client reports (personal details redacted)

Nutrition is an extremely varied profession, so it is difficult for AfN to provide a definitive list of evidence. This list can however be used to give you an indication of the types of evidence that could be used to support your application.

Association for Nutrition
Regulating Professionals – Raising Standards – Improving Health