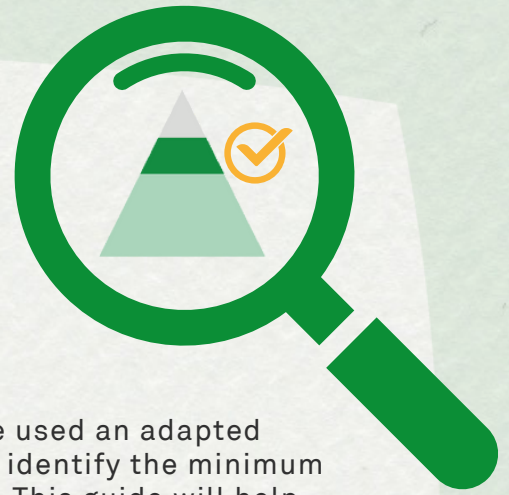
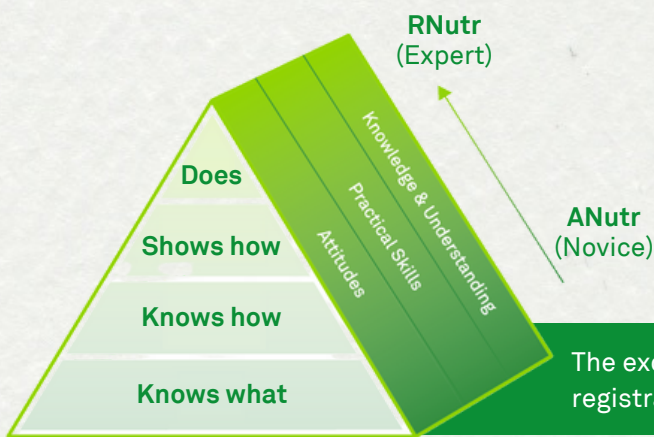


# GUIDE



## HOW TO DEMONSTRATE ACHIEVEMENT OF THE FOUR LEVELS OF MILLER'S PYRAMID

Throughout our Core Competencies documents, we have used an adapted version of Miller's Pyramid as a visual guide to help you identify the minimum level of competence required for each sub-competency. This guide will help you understand how achievement of each of the four levels can be demonstrated, whether you are an applicant, registrant, assessor, accredited degree or CPD provider.



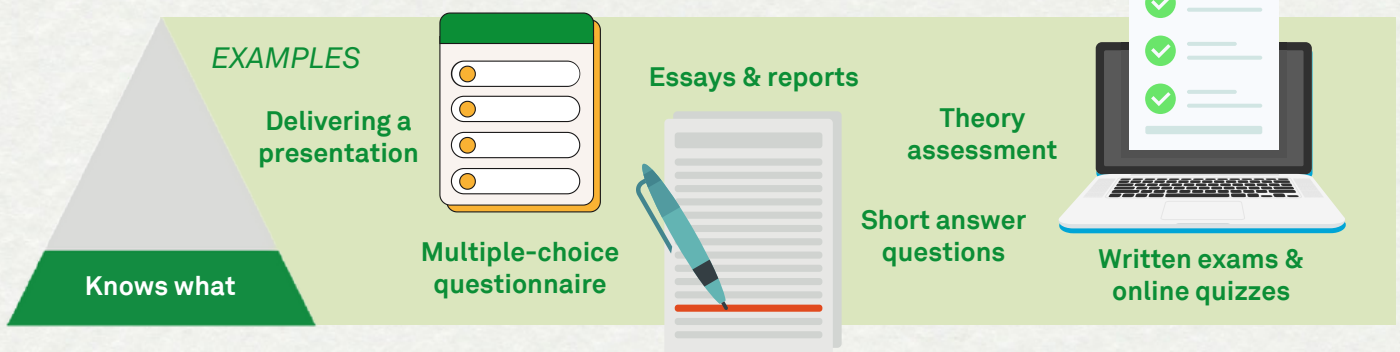
The first two levels focus on the achievement of a solid foundation in knowledge and understanding of nutrition science and its underpinning theories.

**Knows what**  
Accumulation of expert knowledge

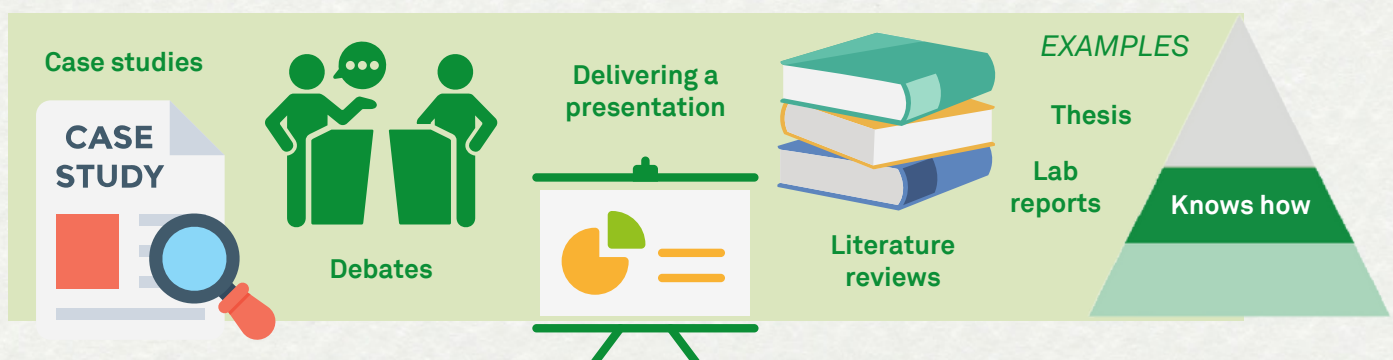
**Knows how**  
Knowledge about theoretical application

The exception to this is CC1: Professional Conduct and Practice, where all registrants are assessed at the 'Does' level, as this is a practical competency

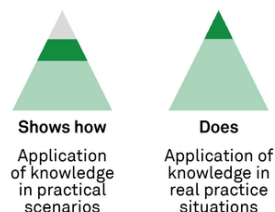
At 'Knows what' level, Registrants must be able to demonstrate they have accumulated expert knowledge in nutrition science



At 'Knows how' level, Registrants must be able to demonstrate they have knowledge about the theoretical application of nutrition science



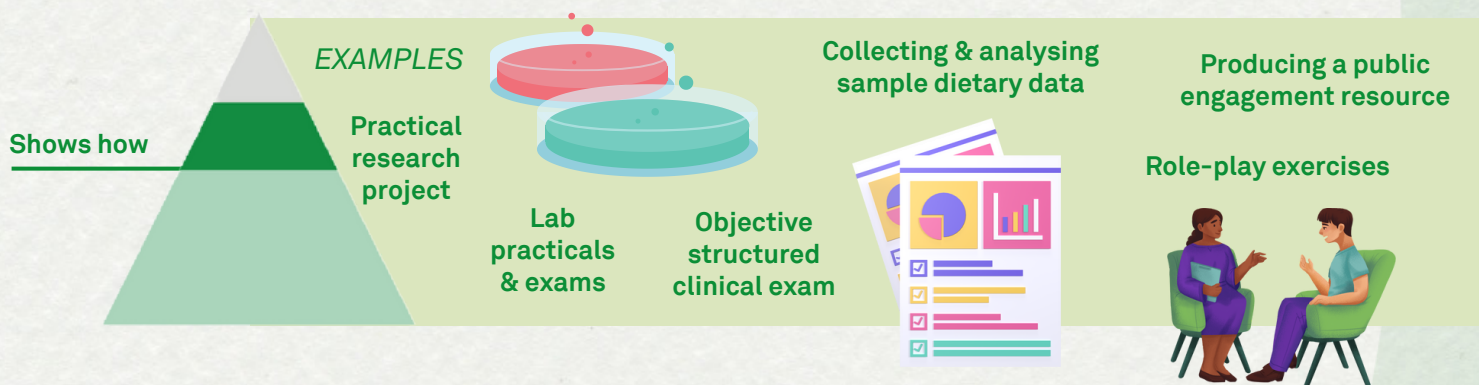
The top two levels demonstrate the individual's progression to practically applying the knowledge they have gained.



While the same type of example may be suitable to be used across multiple levels, the content and delivery will differ.

For example, at the 'Knows how' level, a research project may be based on a review of the literature and delivered within a learning environment, whereas at the 'Does' level, a research project may be an intervention study undertaken with a community group or workplace, in a real practice situation.

At 'Shows how' level, Registrants must be able to demonstrate they can apply their knowledge in a practical scenario



At 'Does' level, Registrants must be able to demonstrate they can apply their knowledge independently in real practice situations



**\* Registrants & Applicants**

Use these to help you select the best evidence for your application, or to help plan your CPD

**\* Assessors**

Use these to help you assess the suitability of evidence provided by applicants

**\* Educators**

Use these to help you plan assessment of training components

**DON'T FORGET**

The pyramids show the minimum level required, reflecting the wide variety of activities undertaken by AfN Registrants.

If the level stated on a sub-competency is below the level you undertake in active practice, you should demonstrate your activities at the higher level. You do not need to demonstrate them at a lower level than you are practicing.