GUIDE

WHAT IS EVIDENCE? ANUTR COMPETENCIES

Effective evidence of how you have achieved the foundational competencies required for registration at, at least honours-degree level. Your evidence should clearly show how it relates to you and your acquisition of the knowledge, understanding and skills required for registration. The following guide can help you when collecting, assembling and submitting your evidence.

Assembling your evidence is likely to be the most time-consuming part of the application process. This will be much quicker if you have kept copies of documents such as your degree module descriptors and evidence of CPD activities, so have these readily available.

It is important to present the best evidence you can when you submit your application. However, if an assessor needs to know more they will ask you for more information or evidence, but do be aware that this will extend the time period for assessing your application.

3 WHAT IF I GRADUATED MORE THAN 3 YEARS AGO?

You need to show the assessor that your knowledge, understanding and skills are up to date. Therefore if you graduated more than three years ago, you will need to also include a number of examples of your recent Continuing Professional Development (CPD) activities (with reflections) across the five core competency areas.

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If you are submitting evidence which is not in the English language you will need to provide a translation. Ways to do this are detailed in the ANutr Portfolio Guidance document.

Poorly presented evidence can weaken or delay your application and make it harder for assessors to come to a decision. To allow proper assessment:

- Provide PDFs rather than Word or Excel documents, where possible
- Number each piece of evidence clearly and use this on the Competency Mapping Form and for cross referencing in Supporting Statement
- Present it in the same order you have listed it on the online Competency Mapping Tab, keeping each piece of evidence as a separate file - don't merge into one
- Focus on providing quality evidence over quantity of evidence - using no more than 40 digital pages of evidence).

If you are applying for RNutr registration, you should also read our guide on:
'What is Evidence: RNutr Competencies'

Examples of suitable evidence

Module descriptors from your degree, clearly showing the content/learning outcomes each module covers

Certificate of attendance at relevant conference or webinar, with content details and reflection

Conduct and analysis of research from your dissertation and/or projects

Presentations you have given during studies

Talks you have given to community groups

Published webpages or blogs (screenshots or links) with evidence of contribution

Ethics application forms

Participant Information and Consent Sheets

Summary of client reports (personal details redacted)

Volunteer work you have undertaken

Public engagement materials you have produced

It should be clear to the assessor that each piece of evidence relates to YOUR acquisition of the relevant knowledge/skill. If this is not immediately clear, use the comments box and/or supporting statement to provide this clarification.

Association for Nutrition
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