



2020 Trustee Elections

For terms of office running Jan 2021-Dec 2023



Association
for **Nutrition**

Regulating Professionals – Raising Standards – Improving Health

The Association for Nutrition is a registered charity and company limited by guarantee. The Council set the strategic objectives for the organisation and are responsible for ensuring activities are undertaken for the benefit of the public.

Council is made up of individuals from different backgrounds and experience levels, all of whom bring with them a valuable range of different opinions, ideas and expertise. Serving as a Council Member/Trustee is a valuable and rewarding experience, and means the individual will play a vital strategic role in shaping the future of the AfN, UKVRN and our activities.

VOTING

Each individual holding active registration is eligible to cast their vote. Voting is undertaken using the single transferable vote system, which enables you to priority order your voting choice should you wish to select more than one candidate. For further information on this voting system please visit: <https://www.electoral-reform.org.uk/voting-systems/types-of-voting-system/single-transferable-vote/>

Each eligible individual will be emailed a unique link to enable anonymous online voting. Please note that this is a single-use link.

Voting Opens: 30 November 2020
Voting Closes: 12noon - 14 December 2020
Results: Announced at AGM – 18 December 2020

The following pages detail those who are standing for election, with each candidate provided up to 100-words to detail why they should be elected. Photographs are included where provided.

Candidates standing for election

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ATTENBOROUGH, Abigail

Registered Associate Nutritionist



Nominators:

- Katrina Ballantyne
- Katie Chuter

Statement Provided By Candidate:

I have a BSc in Biology (Queen Mary), a MSc in Nutrition (Distinction; University of Leeds) and a Level 3 Diploma in Fitness Instructing and Personal Training. I am currently undertaking an AQF Level Six in Sports and Exercise Nutrition.

I worked for healthcare provider Oviva after graduating. I recently delivered healthy-eating workshops for Nutrition Australia and I volunteered with a community school to raise breakfast nutrition standards.

I have a strong and well-connected social and professional community online. I podcast with well-known fitness experts, nutritionists and dieticians. I have written articles for a number of established health clinics.

CADE, Janet

Registered Nutritionist (Public Health)



Nominators:

- Margaret Ashwell
- Claire Baseley

Statement Provided By Candidate:

I am passionate about protecting the public and promoting high standards in evidence-based science and practice of nutrition (see my email signature)! As the first Registrar for the Association for Nutrition, I was involved in establishing the Association, and am delighted to see it go from strength to strength. I am particularly keen to work with Council as Honorary Secretary to help see through both new and longer-term challenges for us.

As an academic nutritional epidemiologist I have published ~500 papers, abstracts and book chapters and generated ~£10 million in research income. I am also Director of Dietary Assessment Ltd.

CONEYWORTH, Lisa

Registered Nutritionist (Nutrition Science)



Nominators:

- Alison Gallagher
- Michelle Thomas

Statement Provided By Candidate:

Dr Coneyworth is a Registered Nutritionist and Assistant Professor of Nutritional Sciences at the University of Nottingham.

Lisa is the course director of the accredited MSc Nutritional Sciences programme and is committed to enhancing the professionalism of students by embedding this within their studies.

Lisa holds a number of leadership and strategic roles within the School of Biosciences and has a wide range of teaching and research experiences.

Lisa is a member of the Nutrition Society and is a Fellow of the Higher Education Academy.

GARRY, Jennifer

Registered Nutritionist (Food)



Nominators:

- Adrienne Cullum
- Louis Levy

Statement Provided By Candidate:

I have been a Registered Nutritionist since the start of my career and have almost 20 years of experience in both private and public sectors post PhD. I am currently Team Leader (Nutrition and Health Claims) within the Diet, Obesity and Physical Activity Division at Public Health England.

I have experience of working with multiple stakeholders including Trade Associations, Not for Profit Organisations, Government Officials and Academic Professionals.

I am passionate about protecting consumers from misinformation in the area of public health nutrition and legislation and I am committed to supporting AfN in its professional regulatory and quality assurance activities.

GOUGOULIDOU, Marina

Registered Associate Nutritionist



Nominators:

- Julie Lovegrove
- Amy Reeves

Statement Provided By Candidate:

I am a Doctoral researcher at the University of Reading. My research is focused on the effects of dietary polyphenols on brain function and mental health.

I am a keen supporter of the Association for Nutrition and their ambitions to protect the public. I am invested in promoting healthy eating, whilst protecting the public from false nutritional advice that leads to confusion and poor diets.

As part of my charity work, I aim to introduce nutrition to school pupils from under-represented backgrounds and I champion the idea of Nutrition as a core subject in secondary education.

GRABOWSKI, Peter

Registered Nutritionist (Nutrition Science)



Nominators:

- Julie Lovegrove
- Geraldine McNeill

Statement Provided By Candidate:

A Registered Nutritionist and Senior Fellow of the Higher Education Academy, I have leadership experience of developing and delivering nutrition science and other health related education programmes both in academia and for the general public, with significant research experience in musculoskeletal health across the lifespan.

I am committed to supporting AfN's professional regulatory and quality assurance activities, as a member of AfN's Accreditation Committee since 2015 and Chair since January 2019.

KARDALOVA, Maria

Registered Nutritionist
(Public Health, Nutrition Science)



Nominators:

- Adam Collins
- Geraldine McNeill

Statement Provided By Candidate:

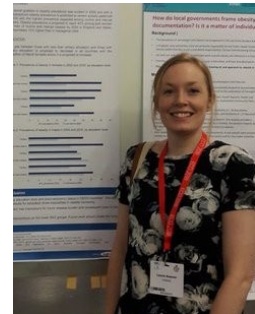
During the past 11 years I'm driven by the idea of increasing collaboration between multiple stakeholders-social, scientific and commercial to accelerate innovation in the nutrition sector and bring novel solutions to the public.

I'm currently holding a senior position in the Innovation department in a biotechnological company and leading my own startup-the app that provides a cost effective solution for family meal planning. I'm also doing my PhD in the University of Surrey and working on my educational blog (250K followers).

I'll be delighted to be more engaged into AfN life and contribute to its further development.

KEAVER, Laura

Registered Nutritionist (Public Health)



Nominators:

- Elizabeth O'Sullivan
- Irina Uzhova

Statement Provided By Candidate:

I am a registered Dietitian and Public Health Nutritionist employed as lecturer and programme chair on a BSc (Hons) Human Nutrition, having previously worked on population-based interventions/media campaigns to reduce childhood obesity across Ireland. I am part of the Growing Professional Competence in Nutrition network in Ireland. I am also on the National Institute for Health Research working group on cancer survivorship, the cancer management group of the International Society of Behavioural Nutrition and Physical Activity and a senior collaborating member of NNEdPro Global Centre for nutrition and health, an interdisciplinary body of experts in nutrition education, research and innovation.

KENNEDY, Orla

Registered Nutritionist (Public Health)



Nominators:

- Geraldine McNeill
- Adam Collins

Statement Provided By Candidate:

I am currently Dean (Teaching and Learning) at the University of Reading, an AfN council trustee and member of the Registration Committee). I have a wealth of governance and committee experience; previous Council Member of the UK Nutrition Society, committees of the IFST and University of Reading Council.

My work with the AfN includes as a course assessor and part of the group developing our new CPD framework. Other contributions to the wider profession include membership of BNF's Nutrition Bulletin editorial board, past external examiner (EE) at Leeds Beckett University, University of Roehampton and currently EE at Kings College London.

MADUKAH, Amaeze

Registered Associate Nutritionist



Nominators:

- Sue Reeves
- Laura Wyness

Statement Provided By Candidate:

My background is in global product innovation and behaviour research, having worked here for 6 years before receiving my Masters in Clinical Nutrition. Now, I am currently working as a nutritionist in both public and private settings.

As a current AfN Regional Rep and board member of the Plant Based Health Professionals, I seek to ensure intersectionality is put into practice. I am looking forward to transferring these skills within the AfN council.

STREET, Laura

Registered Nutritionist
(Public Health, Sports & Exercise)



Nominators:

- Catriona Campbell
- Geraldine McNeill

Statement Provided By Candidate:

The AfN register is of more importance today than ever before, I am passionate about protecting the public and representing qualified nutritionists, reflected in my current position as AfN Registrar and Registration Committee Chair. I have been a part of the registration committee for a few years now, during which we have introduced the new CPD record, updated the Fitness to Practice Code as well as the complaints process.

I'm currently a nutritionist in industry, as senior nutritionist at Marks and Spencer.

I'd like the opportunity to continue to contribute further at the crucial time for the association.

TURNER, Charlotte

Registered Nutritionist (Public Health)



Nominators:

- Nourhan Barakat
- Francesca Straniero

Statement Provided By Candidate:

Charlotte is a registered nutritionist with the AfN and upcoming PhD research candidate. Charlotte holds a Bsc and Msc degree in Human nutrition. Her extensive experience includes communicating evidence-based nutrition to the public both through community projects, corporate talks and private consultations. Charlotte manages the Health Nutritionist with a team of expert AfN nutritionists and registered dietitians. Part of her role involves encouraging the new generation of students to fulfil their nutrition ambitions in delivering evidence-based guidance to the public. Her aim is to work with the AfN to expand this within local communities and grassroots projects.

I have a strong and well-connected social and professional community online. I podcast with well-known fitness experts, nutritionists and dieticians. I have written articles for a number of established health clinics.