Resources for later life

- The Eating and Drinking Well with Dementia Toolkit - [Here](#)

- Malnutrition Task Force - Eating Well in Later Life - [Here](#)

- Malnutrition Task Force – DrinKit Hydration care in care homes - [Here](#)

- Malnutrition Task Force - Self-screening pack for those at risk of poor nutrition - [Here](#)
• Wessex AHSN – OPEN toolkit - Older People's Essential Nutrition - [Here](#)

• Wessex AHSN – Healthy Ageing Programme - Hydration at Home Resources - [Here](#)

• Food and nutrition - guidance for older people in care homes - [Here](#)
Bournemouth University - Eating and Drinking Well in Later Life and Coronavirus (COVID 19) - Top Practical Tips for those at risk of malnutrition whilst self-isolating - Here