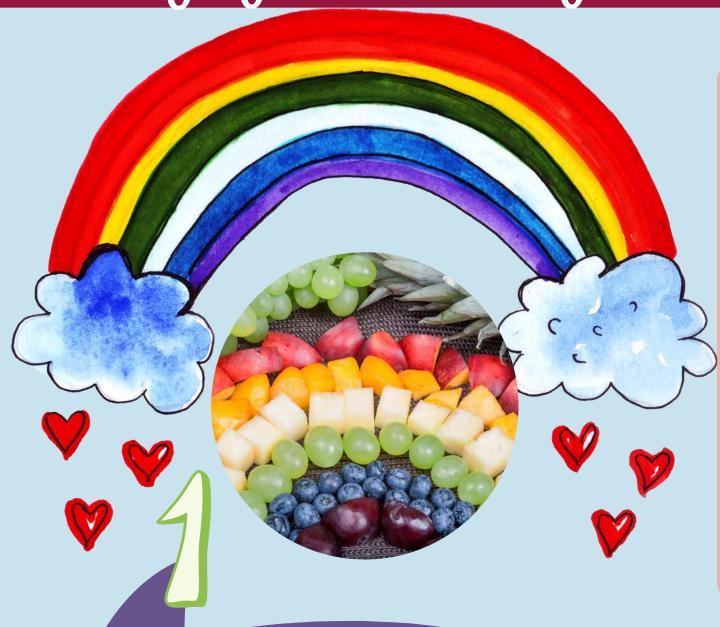


## RAINBOWS TO BRIGHTEN UP YOUR DAY!



With SUNSHINE and RAIN come RAINBOWS. Our Superheroes are going to challenge you to make your own rainbows using two different methods!



Thousands of children have been encouraged to draw or paint rainbows in order to 'spread hope' amid the ongoing coronavirus crisis. If you haven't already make yours today, then display it in a window.

### You will need:

- Pencil
- Torch
- Glasses with water
- Coloured pens and/or pencils
- Paper
- Multi-coloured objects or ingredients from around the house





Science

Art

RED, ORANGE, YELLOW, GREEN, BLUE, INDIGO, VIOLET

# YOUR ACTIVITY KS1&KS2

### Activity 1:

- Look for some different coloured objects or ingredients around the kitchen and house.
- Put them in colour order (RED, ORANGE, YELLON, GREEN, BLUE, INDIGO, VIOLET) to make a rainbow.

### Activity 2:

- Set out different-size glass containers of water.
- Place white paper on the floor under and around the water containers to help to show the colors of the rainbows clearly.
- Use a torch to represent the sun shining on, over and through the water.
- You can move the containers in different places around the room to catch the sunlight

Take a picture of your creation and tag us on Instagram using the hashtags below!



#SUPERYUMMY #SIMPLYDELICIOUS