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The  
Super Yummy  
Kitchen



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The first noodle  
was believed  
to be made of  
millet, a type of  
grain.

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RECREATION

# Farm to Fork

Today's curriculum links:

Geography & Science

?

Now noodles are made from lots of different ingredients. Including rice, sweet potato, wheat & seaweed.

Learning the journey our food makes from the farm to our plates is important. Below are pictures of the process wheat goes through before it becomes noodles! Can you put them in order from step 1 to 7?

KS1  
&  
KS2



The farmer plants the wheat seeds.



Flour is made from the wheat grains.



Grains are separated from the wheat.



The wheat is harvested



The noodles are cut and shaped.



Water and eggs are added to the flour to make the noodle dough.



The wheat is fully grown