



School
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Home



The
Super Yummy
Kitchen



Chartwells
EAT LEARN LIVE



We have 32 adult
teeth but only start
with 20 baby teeth.

It's important to
take care of them...

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The
Super Yummy
Kitchen

Chartwells
WILLIAMS
Chartwells
RECREATION

Eggs-periment

Today's curriculum links:

SCIENCE & PHSE

?

...drink **calcium** rich milk to protect those teeth!
And remember to **brush** at least twice a day!

Let's see how fizzy drinks could affect our teeth...

KS1
&
KS2

- 1 Fill a glass or jar with a fizzy drink (not sugar free) and place 1 egg in the liquid. Leave for 72 hours.
- 2 After 72 hours carefully pour the liquid away until just the egg is left.
- 3 What do you see? Has the colour or texture of the shell changed?

Our teeth are made from **enamel** (similar to the egg shell)

Enamel can be worn down from the sugar in **fizzy drinks**

Brushing our teeth is important to **protect them** against damage!