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The
Super Yummy
Kitchen

Chartwells
WILLIAMSBURY RECREATION

5 a Day Fruit Kebabs!

Today's curriculum links:

PSHE

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There are lots of different kebabs eaten **all over the world**: Satay, Shish, Shawarma, Doner and Tikka. All are simply meat on a stick or skewer.

KS1
&
KS2

You've made your chicken kebabs! Now time to make dessert...

FRUIT KEBABS & YUMMY YOGURT DIP!

Ingredients

For the Kebab

Wooden Skewer (kebab stick)
Any fresh fruit you have at home!

For the Dip

Plain Yogurt
Orange
Vanilla Extract (optional)

Method

For the Kebab

Wash your hands and the fruit.
Chop your fruits into 1 inch pieces
(get an adult to help).
Then thread the fruit onto the skewer!

For the Dip

Mix 3 tablespoons of yogurt in a bowl.
Squeeze the juice of half a small orange or 2
drops of vanilla extract.
Then give a mix! Dunk your fruit & enjoy!





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The Kebab
is the most
popular
street food in
Europe...