# Can Can Fish Pie





## Ingredients

#### For the filling

500ml milk 50g butter 1 onion, finely chopped 50g plain flour 1 tsp mustard 150g frozen peas

I veg stock cube, crumbled

150g sweetcorn (tinned or frozen)

150g mushrooms, chopped

3 cans of tuna, drained (in spring water is best)

4 eggs, hard boiled

45g cornflakes

#### For the mashed potato

5 medium potatoes, peeled, boiled & mashed 75g hard cheese, grated

#### Optional

2 egg yolks Chives or parsley



### Method

Preheat the oven to 200°C

Serves 4-6

- Mash the cooked potatoes with a splash of milk, 10g of butter and the grated cheese (saving a pinch for the end). You can add 2 egg yolks here if you've got some - it's delicious! Set this aside.
- 2 Put the remaining butter in a heavy pan and place over a medium heat with the onion, cooking until it goes see through.
- Add the flour and cook for 1 minute stirring and watching all the time.
- Add in 400ml of milk, stirring constantly with big circles, little circles, big circles...and so on!
- Do this for 3 minutes, until it resembles a thick custard. Remove from the heat to add the mustard, stock cube, peas, sweetcorn and mushrooms.
- Arrange the tuna and eggs in a shallow ovenproof dish then spoon over the sauce mixture.
- Top with the potato mixture, then the cornflakes, and finally the grated cheese.
- Put dish on a tray in the oven for 20 30 minutes until bubbly and golden.
- Serve with carrots, broccoli or more peas- or cover, cool and freeze for another day!