05 The Workforce Competence Model in Nutrition

Competence 8. Facilitating Group Activities

You will need to know and understand:

Level 4
1. The individual needs, requirements and planned outcomes
2. Why it is important for individuals needs to be at the centre of programme plans
3. How to involve the group in the delivery of programme plans
4. How to structure the demonstration so that the group can get the most out of it
5. How to encourage individuals to ask questions and give explanations as appropriate
6. The importance of regularly monitoring the groups understanding
7. The importance of identifying which learning outcomes will be achieved
8. The resources needed to deliver the plan and ensure these are within allocated budget
9. How to reduce distractions and disruptions as much as possible
10. How to evaluate effective learning outcomes for future development and improvement
11. How to assess and manage risk whilst facilitating learning and development in groups
12. How to ensure that group activities take place in a safe environment and allow learners to see the demonstration/activity clearly
13. How to co-ordinate learning and development activities to meet individual and group needs

Level 5
14. The range of delivery methods appropriate to learning in groups
15. Different techniques to manage group dynamics
16. Different ways of encouraging behaviour and values that foster mutual respect and support the learning and development process
17. The organisational, legal and professional requirements that should be followed when planning learning and development programmes

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