You will need to know and understand:

**Level 5**

1. Concepts, principles and models for promoting health and wellbeing including understanding and application
2. The principles of controlling non-communicable diseases
3. Various health conditions including their nature, diagnosis and prognosis; effect on individuals and the people that are significant to them; ways of managing the condition
4. Arguments against promoting health and wellbeing and how to appraise the nature, context and basis of people's arguments
5. How to apply the principles of assessing and investigating risks to health and wellbeing including long-term exposure to environmental hazards
6. How to apply legislation relevant to the protection of the population's health and wellbeing
7. The role and legal responsibilities of the healthcare organisations involved in protecting the population's health and wellbeing
8. The importance of, and how to achieve, effective relationships with colleagues in the protection of the population's health and wellbeing
9. How to apply negotiating and influencing skills in working with others to promote health and wellbeing and to reduce inequalities

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