An exciting future for the Association for Nutrition

We are extremely pleased to announce that Helen Clark will be joining the Association for Nutrition (AfN) as our new Chief Executive in June 2019.

Helen brings to the AfN a wealth of experience in membership and voluntary regulation, having dedicated over 25 years to the sector. Helen is currently the Director of Membership for the World Association of Girl Guides and Girl Scouts, supporting the Girl Guide movement in 150 countries around the world. Prior to this Helen enjoyed a long career at the British Psychological Society where she supported a wide range of functions related to the regulation, education and training of the psychology profession. This culminated in her role as Director of Membership Services, where her portfolio included oversight of professional development and conferences, specialist registration (psychological testing) and support for member networks.

During her time at the British Psychological Society Helen put knowledge from her own psychology degree into practice by being able to apply this knowledge and understanding to the registration of individuals, the management of projects for the establishment of practice standards, the development of qualification standards and delivery, and supporting the work undertaken to achieve the statutory regulation of practitioner psychologists.

Through her experience at the British Psychological Society, Helen has lived through the regulatory journey AfN is on. She brings to the organisation a wealth of knowledge and understanding of the various challenges we will be facing over the next few years on our own journey, and provides a steady hand for the organisation to steer us through this.

In the interim period, the organisation is in the very steady hands of Dr Glenys Jones RNutr, who has taken up the position of Acting Chief Executive. Glenys has been with the AfN for over four years and has a wealth of knowledge, not only on the processes and procedures that underpin the organisation, but also of the nutrition and regulation landscape. A Registered Nutritionist herself, Glenys is well known to many UKVRN Registrants through her communications and advocacy work.