AfN Endorsed CPD Events 2014


25-26 Nov 2014 Well Founded Mindful Eating Parts 1 and 2

22 Nov 2014 Regional Network - North West Study Day: Evidence based nutrition in a range of settings

18-20 Nov 2014 Food Matter Live 2014

09 Oct 2014 Yakult Study Day Current Insights into the gut microbiota and its influence on health

08 & 09 Oct 2014 Well-Founded Mindful Eating Parts 1 & 2

24 Sept 2014 The Nutrition Society Dietary Assessment Methods

15 Sept 2014 SENSE/Nutritionists in Industry Obesity and Weight Management - Scientific update

09 Sept 2014 Medineo/University of Chester - EVENT CANCELLED Food Poverty in Modern Britain: A public Health Crisis?


14-17 July 2014 The Nutrition Society 2014 Annual Summer Meeting: Carbohydrates in Health: Friends or Foe?

10 July 2014 The Caroline Walker Trust 25th Anniversary Lecture: Eating Our Way to Healthy Old Age

09 July 2014 Smooth Events The Sugar Reduction Summit: Science, Policy and Public Health

04 June 2014 Nutritionists in Industry School Food and Working with the Media
20 May 2014 **British Nutrition Foundation** Vitamin D: Needs, intake and status - A European Perspective

13/15 May **The University of Aberdeen** Advanced course on Dietary Assessment Methods

14/15 May **Well Founded (Lucy Aphramor, RD, PHD)** Advancing Best Practice: Mindful Eating Parts 1 and 2

09 Apr 2014 **Sheffield Hallam University** 10th Anniversary Nutrition Fair and The Future of Food and Nutrition mini conference

02 Apr 2014 **International Sweeteners Association 2014 Conference** Why Low Calories Count: the effective use of low calorie sweeteners in today’s diet and lifestyle choices

26 Mar 2014 **The Nutrition Society** Dietary Assessment Methods Workshop

21 Mar 2014 **Food and Behaviour Research** Diet and Children’s Behaviour and Learning - Guts, Brains and the Nutrition Connection

21 Mar 2014 **The Nutrition Society** Statistics for Nutrition Research

27 Feb 2014 **Nutritionists in Industry** Seminar on Diabetes and Food Addiction

13 Feb 2014 **AfN Regional Network held at Murrayfield Stadium** Sports Nutrition: An overview and Current Trends, Email: scotland@associationfornutrition.org